BEC Reflection

REDEEMED IN CHRIST

FOCUS:

Redemption has come to all of us, thanks to Christ's atoning work on the Cross. Salvation is an individual choice that we each must make, a gift that we can accept or reject even up to our dying breath. (Pope Francis)
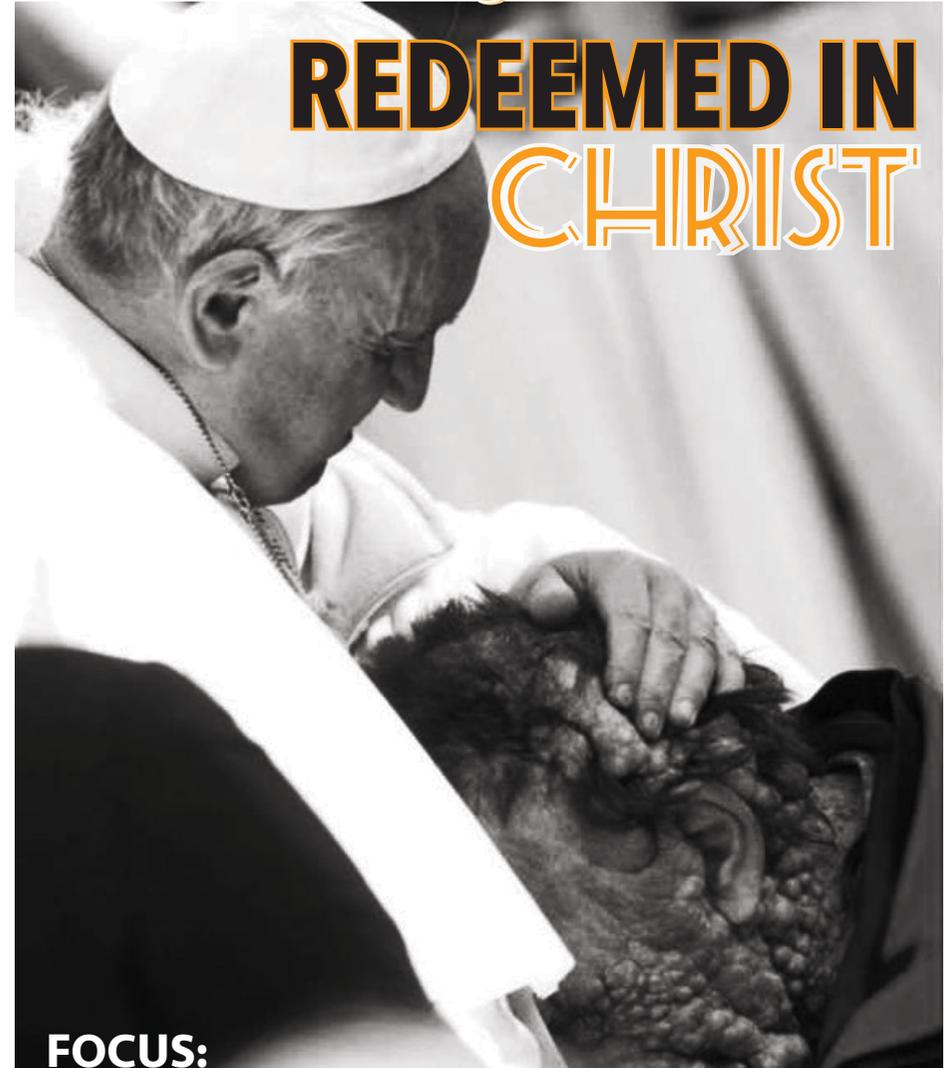

CLOSING PRAYER:

Invite members of the BEC to pray spontaneously

CLOSING HYMN:

The Light of Christ

The light of Christ has come into the world
The light of Christ has come into the world

1. All men must be born again
   To see the kingdom of God
   The water and the Spirit
   Bring new life in God's love

2. God gave up His only Son
   Out of love for the world
   So that all men who believe in Him
   Will live forever

3. The light of God has come to us
   So that we might have salvation
   From the darkness of our sins
   We walk into glory with Christ Jesus

Christ's Resurrection is a triumph over sin and death. All of us face our own battles in our daily lives against temptation and sin. Can we love those who hate us? Can we love those who spit upon our face? Jesus has already won the eternal victory. Let us allow God to work through us, for alone we will surely fail, but with Him we shall share in the victory. *(PMPT Core Team)*

DISCERNMENT:

Source: Jerusalem Bible

1 Cor 15: 55-57

Death, where is your victory? Death, where is your sting?

The sting of death is sin, and the power of sin comes from the Law.

Thank God, then, for giving us the victory through Jesus Christ our Lord.

Reflection:

1. Ask the Holy Spirit for open-ness to be empowered and evangelizing through Christ
2. Read the text two or three times
3. Be in silence with the text - read silently on your own
4. What words or phrase caught your attention? Write it down
5. (Choose only one from # 4): What is the Holy Spirit saying to me? Write it down
6. Share in small groups (3-4 persons) on # 4 and # 5

Deeds:

During this month of April let us bring joy of being saved to someone.
(Write down the deeds that you want to do)

OPENING HYMN:

Therefore the Redeemed

Therefore the redeemed of the Lord
shall return
And come with singing unto Zion
And everlasting joy shall be
upon their heads
(Repeat)

They shall obtain gladness and joy
And sorrow and mourning shall flee away
Therefore the redeemed of the
Lord shall return
And come with sing unto Zion
And everlasting joy
shall be upon their heads

OPENING PRAYER:

Invite a member of the BEC to say the opening prayer.

DIALOGUE:

"He is not here!"

The Egyptian pyramids are world-famous as one of the "Seven Wonders" of the ancient world. But they are actually gigantic tombs containing the mummified bodies of Egyptian Pharaohs.

The Westminster Abby is famous, and thousands visit it because the dead bodies of famous writers, philosophers and politicians are entombed there.

But there is a Shrine of the Holy Sepulchre in Jerusalem, and pilgrims from all over the world throng to the tomb there which is empty with a note at its entrance which says, "He is not here."

It is famous because Jesus Christ who was once buried there rose from the dead, leaving an empty tomb, as He had told his disciples he would. Thus, He worked the most important miracle in His life, defying the laws of nature and proving that He is God.

We rejoice at this great and unique event by celebrating Easter. Easter is a feast which gives us hope and encouragement in this world of pain, sorrows and tears. It reminds us that life is worth living.

It is our belief in the Real Presence of the Risen Jesus in our souls, in His Church, in the Blessed Sacraments and in Heaven that gives meaning to our personal, and to our common prayers.

Our trust in the all-pervading presence of the Risen Lord gives us strength to fight against temptations and freedom from unnecessary worries and fears. The prayer of St. Patrick, the Apostle of Ireland, reads: "Christ before me, Christ beside me, Christ within me, never to part."

(Easter Sunday, 2017, Vatican Radio)

Buzz with the person next to you. Buzz a second time with another Person
- **Share your joy of Easter**
- **Share your experience of being redeemed by the Risen Christ.**