

# Liturgy of the Hours

## INTRODUCTION

V - O God, come to our aid  
R - O Lord, make haste to help us  
Glory be...

## THE BODY AND BLOOD OF CHRIST EVENING PRAYER

# BREAD BLESSED AND BROKEN

1. Jesus, you're the one I love;  
You're the one I know  
You're the one who makes me strong,  
Spirit in my soul.  
From the clouds of yesterday,  
through the night of pain,  
teach me, Lord to know Your way,  
know it once again.

**Refrain:**  
*Bread blessed and broken for us all,  
symbol of Your love  
from the grain so tall.  
bread of life You give to us,  
bread of life for all.*

2. May the bread we break today,  
May the cup we share  
lift the burdens of our hearts  
lift them ev'rywhere;  
passing on to each of us  
a measure of your love,  
love to make us whole again,  
as we share Your Word.



## Intercessions:

At the supper to which all are invited, Christ gives his body and blood for the life of the world. Earnestly we beseech him, saying:

**R: Lord Jesus Christ, give us the bread of eternal life**

Lord Jesus Christ, Son of the living God, you have commanded us to celebrate the eucharistic meal in remembrance of you: enrich your Church with the worthy celebration of these mysteries. **R**

Lord Jesus Christ, eternal high priest, you have committed to your priests the ministration of your sacraments: help them to do their part in your work with the unfailing gladness of genuine charity. **R**

Lord Jesus Christ, manna from heaven, you make into one all who share the one bread: grant peace and concord to all who believe in you. **R**

Lord Jesus Christ, heavenly physician, you give an eternal remedy and a pledge of resurrection to those who eat your bread: grant health to the ailing and a real hope to sinners. **R**

Lord Jesus Christ, king who is to come, we know that whenever we celebrate these mysteries, we proclaim your death until you come again: bring all those who have died in you to share your resurrection. **R**

## Concluding Prayer:

Lord Jesus Christ, you gave your Church an admirable sacrament as the abiding memorial of your passion. Teach us so to worship the sacred mystery of your Body and Blood that its redeeming power may sanctify us always

Who live and reign with the Father and the Holy Spirit, God, for ever and ever.

The Lord bless us, keep us from all evil and bring us to everlasting life. AMEN.



## OUR FATHER

Our Father,  
Who art in heaven,  
hallowed be Thy name;  
Thy kingdom come;  
Thy will be done on earth  
as it is in heaven.  
Give us this day  
our daily bread;  
and forgive us our trespasses  
as we forgive those  
who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
Amen.

**Ant. 1:** Christ the Lord is a priest for ever. Like Melchizedek he made an offering of bread and wine.

## Psalm 109/110

The Lord's revelation to my Master:  
"Sit on my right:  
your foes I will put beneath your feet."

The Lord will wield from Sion  
your sceptre of power:  
rule in the midst of all your foes.

A prince from the day of your birth  
on the holy mountains,  
from the womb before the dawn  
I begot you.

The Lord has sworn an oath  
he will not change.  
'You are a priest for ever,  
a priest like Melchizedek of old.

The Master standing on your right hand  
Will shatter kings in the day of his wrath.

He shall drink from the stream  
by the wayside  
And therefore he shall lift up his head.

### Glory be to the Father...

**Ant.:** Christ the Lord is a priest for ever. Like Melchizedek he made an offering of bread and wine.

**Ant. 2:** I will take the chalice of salvation and I will offer a thanksgiving sacrifice.

## Psalm 115 (116)

I trusted, even when I said:  
'I am sorely afflicted,'  
and when I said in my alarm:  
'No man can be trusted.'

How can I repay the Lord  
for His goodness to me?  
The cup of salvation I will raise;  
I will call on the Lord's name.

My vows to the Lord I will fulfill  
before all His people.  
O precious in the eyes of the Lord  
is the death of His faithful.

Your servant, Lord, your servant am I;  
You have loosened my bonds.  
A thanksgiving sacrifice I make;  
I will call on the Lord's name.

My vows to the Lord I will fulfill  
before all His people.  
In the courts of the house of the Lord,  
in your midst, O Jerusalem.

### Glory be to the Father...

**Ant.:** I will take the chalice of salvation and I will offer a thanksgiving sacrifice.

**Ant. 3:** You are the Way, you are the Truth, you, O Lord are the Life of the world.

## Canticle – REV 19:1,2,5-7

Alleluia.  
Salvation and glory and power belong  
to our God, (R: Alleluia)  
His judgements are true and just.  
R: Alleluia (alleluia).

Alleluia.  
Praise our God, all you his servants,  
(R: Alleluia)  
You who fear him, small and great.  
R: Alleluia (alleluia).

Alleluia.  
The Lord our God, the Almighty, reigns,  
(R: Alleluia)  
Let us rejoice and exult and give him the glory.  
R: Alleluia (alleluia).

Alleluia.  
The marriage of the Lamb has come,  
(R: Alleluia)  
And his bride has made herself ready.  
R: Alleluia (alleluia).

### Glory be to the Father...

**Ant. :** You are the Way, you are the Truth, you, O Lord are the Life of the world.

## Scripture Reading:

**1 Cor 11: 23-25**

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said : 'This is my body which is for you; do this as a memorial of me.' In the same way he took the cup after supper, and said: 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.'

## Short Responsory

**R: He gave them the bread of heaven to eat, alleluia, alleluia.**

*V: He gave them the bread of heaven to eat, alleluia, alleluia*

**R: Man has tasted the food of angels.**

*V: He gave them the bread of heaven to eat, alleluia, alleluia*

**R: Glory be to the Father...**

*V: He gave them the bread of heaven to eat, alleluia, alleluia*

## MAGNIFICAT



**Ant:** O sacred feast in which we partake of Christ: his sufferings are remembered, our minds are filled with his grace and we receive a pledge of the glory that is to be ours, alleluia.

My soul glorifies the Lord,  
my spirit rejoices in God,  
my Saviour.  
He looks on His servant  
in her lowliness; Henceforth all ages  
will call me blessed.

The Almighty works marvels for me.  
Holy His name!  
His mercy is from age to age,  
on those who fear him.

He puts forth His arm in strength  
and scatters the proud-hearted.  
He casts the mighty from  
their thrones and raises the lowly.

He fills the starving with good things,  
sends the rich away empty.  
He protects Israel His servant,  
remembering His mercy,  
the mercy promised to our fathers,  
to Abraham and his sons forever.

### Glory Be to the Father...

**Ant:** O sacred feast in which we partake of Christ: his sufferings are remembered, our minds are filled with his grace and we receive a pledge of the glory that is to be ours, alleluia.